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Doc Childre ist Begründer der HERZINTELLIGENZ -METHODE und Leiter des wissenschaftlichen Beratergremiums des INSTITUTE OF HEARTMATH im kalifornischen Boulder Creek (gegründet 1991). Er hat bisher acht Bücher geschrieben und berät Wissenschaftler, Manager und Pädagogen.

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### **HeartMath The HeartMath Solution HeartMath Store**

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### **Lew Childre Wikipedia**

Doc Lew Childre, Jr. (born c. 1945) (pronounced "Chill-dree") is an American author and the founder of the Heartmath Institute, a non-profit organization whose objective is to help the development of "heart-brain-coherence". He works on child development and strategies for dealing with stress.

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### **Doc Childre Executive Profile Biography Bloomberg**

Doc Childre co-founded Quantum Intech, Inc. in 2002 and serves as its Chairman and Co-Chief Executive Officer. Mr. Childre is also a Consultant to business leaders, scientists, educators, and the

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### **The Heartmath Solution Doc Childre HeartMath Institute**

A great introduction to what HeartMath is all about. The HeartMath Solution contains leading-edge science, practical information and easy-to-use techniques. Scientific research proves the heart is the control tower of the body's systems and overall health. These life-altering techniques will show

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### **HeartMath Institute Boards HeartMath Institute**

Doc Childre is the Scientific Advisory Board chairman and founder of the HeartMath Institute, a nonprofit research and education organization. He is the originator of the HeartMath System of practical, heart-based tools and technologies designed to help people of all ages and walks of life to reduce stress, improve performance and enhance health and well-being .

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**Herzintelligenz Methode nach Doc Childre**

Diese Seite soll einen Einblick geben in die Arbeit mit der HERZINTELLIGENZ-Methode von Doc Childre. Hier veröffentliche ich Auszüge und Denkanstöße aus seinem Buch:

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**Heart Intelligence Connecting with the Intuitive Guidance**

Doc Childre, HeartMath Founder, Chairman and Co-CEO Doc is a global authority on optimizing human performance and personal effectiveness and a consultant to business leaders, scientists, educators and the entertainment industry.

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**TEDxSantaCruz Howard Martin Engaging The Intelligence of the Heart**

Howard Martin is one of the original leaders who helped Doc Childre found HeartMath. In 1999 he co-authored The HeartMath Solution published by HarperSanFrancisco and he has been with HeartMath's

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